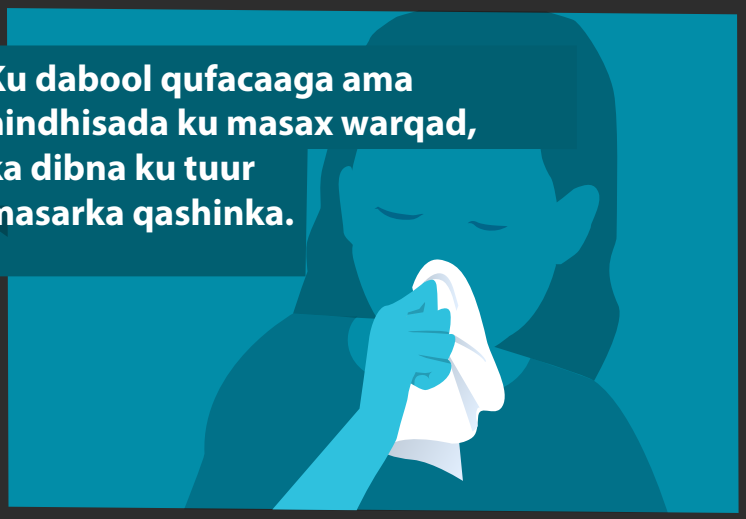
COVID 19
CORONAVIRUS DISEASE

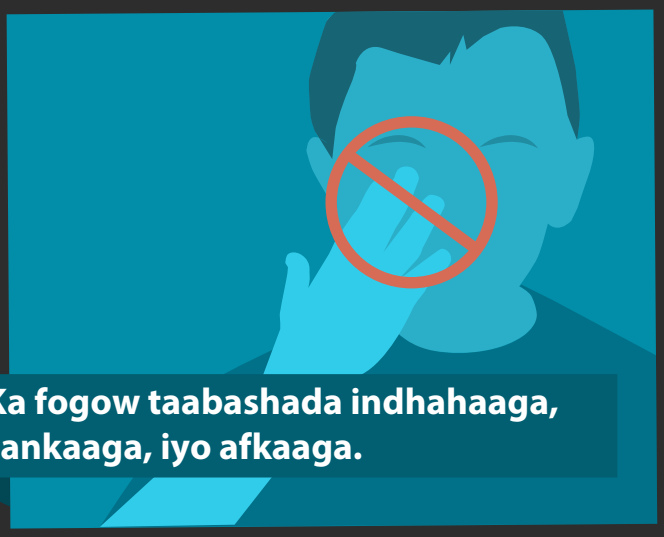
JOOJI HADALKA SHURUUDAHA

Ka caawi ka hortagga faafitaanka cudurrada neef-mareenka sida COVID-19.

Ka fogow xiriir dhow inaad la yeelato dadka jiran.

Ku dabool qufacaaga ama hindhisada ku masax warqad, ka dibna ku tuur masarka qashinka.

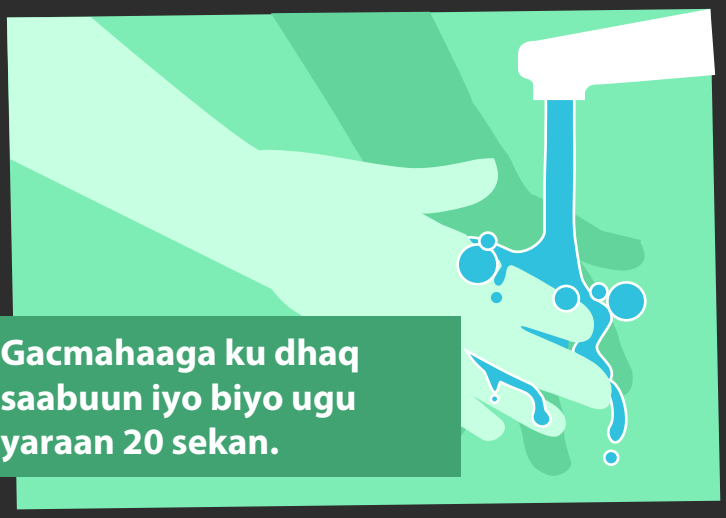




Ka fogow taabashada indhahaaga, sankaaga, iyo afkaaga.

Nadiifi oo jeermiska jeermiska taabsiiya walxaha iyo dusha sare.

Guriga joog marka aad jiran tahay, marka laga reebo inaad hesho daryeel caafimaad.



Gacmahaaga ku dhaq saabuun iyo biyo ugu yaraan 20 sekan.

DEPARTMENT OF HEALTH & HUMAN SERVICES USA
CDC

For more information: www.cdc.gov/COVID19

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